

The Trinity Trumpet

A Monthly Newsletter Published by Trinity Lutheran Church, Pitsburg, OH November, 2024





- Holly McEldowney—Cancer
- Kenny Hesler—General health
- Amanda Spahr—Brain issues
- Aiden Snyder- Leukemia returned
- Jerry Higgins—Cancer
- Janet—Hospice
- Amber
- Gracee
- Peace in Ukraine & People of Ukraine
- Karen Cline—Kidney
- Jody Hesler—Safety
- Jayne Connair—Cancer free
- Brian Connair—Headaches & throat issue
- Bev Zimmer—Health
- Mike Gray—Healing
- Marvin Fourman—Health
- Tyler Morris

 Paralyzed from auto accident
- Mary Piel—Health
- Patti Troutwine—Recovery at home
- Jeff Spalding—Heart surgery
- Lynn Netzley—Healing & recovery
- Paul Schmitmeyer—Health
- Mary Lou Lewis—Breast cancer
- Mike Goodwin—Cancer
- Jim Brown—Health
- Earlene Morris—Health
- Chris Mumaw—Cancer remission
- Grayson Naff—Batten, Rare childhood disease
- Mary Beth Printz—Health
- Brycelin Troutwine—Health issues
- Eric Snyder—Hospice
- Katherine Jump—Health

Prayer Concerns— Current and ongoing

- Scott Troutwine—Cancer
- Jeanne Campbell—Cancer
- Jane Baxter—Healing
- Jr. Koos—Health
- Allen Dunevant—Stroke
- Israel fighting
- Lowell Rhoades-Heart
- Paul Cline—Health
- Allison—Seizures
- Trinity Youth—Growing in their faith
- Craig Thompson
- Jack Bechtol —Health
- Julie Volk-Eyes
- Doug Etter—Colon Cancer
- Melanie Musser-Kidney function
- Dennis & Ellen McDonnell—Health
- Jerry E-Health
- Todd McMullen—Cancer
- Jeff Sebring—Health
- John Lawhorn—Glaucoma
- Shirley Shouders & Son Tyler— Health
- Joann Carter—Hip
- Steve & Joetta—Emotional strength
- Doug Zimmer—Aortic Aneurysm Surgery
- Kelsey Cheadle—Heart surgery
- Norma Crawford—Aging issues
- Dale Spahr—Healing
- Glenda Case—Health
- Marge Warner—Health
- Becky McMullen—Back Surgery
- Cynthia Loffer—Health
- Jim Tappen—Cancer
- Linda Darlage—Health
- Lilly Cleveland—Rehab
- Brixton—Health
- Bob Harter—Health
- Barbara Gunter—Sciatica
- Lynn Spahr—Heart

- Marlene Dirksen—Leg & foot pain
- Jan Giraro—Chronic pain/ Depression
- Ron Wade—Surgery recovery
- Anders Family
- Cary Feitsans—Health
- Rob Greenwald—Backhoe accident
- Shirley Hensel—Cancer returned
- Michelle—Health
- David Netzley—Diabetes/Surgery
- Brenda Harleman—Cancer
- Glen Wolf—Legionnaires Disease
- Dean Thompson—Recovery from
- Niki Angles—Strength
- Jim& Sally Swingley—Health
- Pat Rademachir—Health
- Constance Menke—Health
- Amber Ross
- Brooke Bergman—Car accident
- Shelly Evans—Foot surgery
- Tim Geeding-Health
- Todd McMullen—Cancer
- Ronnie Bridenbaugh—ICU
- Jason Schenck—Cancer
- Hurricane Victims, Survivors & Disaster Relief Teams
- Sam Porter

 Healing
- Sidney Brown—Head injury
- Erick Pelfrey—Knee Surgery
- Brenda Strader



to the family of Julie Harmon Lori Rammel Mark Rismiller Greg Price

Prayer requests may be emailed at anytime to **trinityprayers@woh.rr.com** and upon receipt your request will be shared so that many will be praying immediately.

Youth & Family Ministry





NOVEMBER

Youth Sunday School is aimed at pre-K through 6th grade. Marlene Dirksen is our Sunday School Coordinator. If you would like to make a positive impact on our youth- please see Marlene. I am sure she would love to have you assist with Sunday School.

Trinity Troops- (4th,5th, and 6th graders). Our meeting will be on November 17th- right after church service. We will be working on the comfort kids' blankets.

Confirmation Class Confirmation is for those youth in 7th and 8th grade. Confirmation is currently each Sunday starting at 9am.

Acolyte training-Any youth who wishes to serve as an acolyte - please contact the Pastor or Ms. PJ. Be sure to sign on the acolyte calendar when you serve.

Adult Sunday School Come join us for some fellowship prior to church service. Adult Sunday School is from 9:30 a.m. – 10:15 a.m. PJ will currently be leading this group.

Special Sunday School offering. No special guest speakers in November or December.

Youth and Family Ministry Meeting- Meeting on November 7th at 10am. We will be planning for the Christmas program. This meeting is open to all members of Trinity.

Christmas Program- Every Knee Shall Bow December 8th.

Practice will be December 7th at 10 am

Vacation Bible School- Mark your calendars in 2025 - July 8th and 10th!

Video/book club- No meetings in November.

All things work together for good to them that love God. Romans 8:28 PJ Musser, (937-626-3295), Youth and Family Ministry Leader (2023-2024)

Ladies & Gents Luncheon

Thursday, November 21 at 11:30 am @ Tolly's Gastropub 644 Wagner Ave., Greenville

Please contact Linda Baker at 937-545-8410 or 937-547-0975 if you plan to attend.



November 14 & 26 @ 10:00 am

DEADLINE FOR THE NOVEMBER TRINITY TRUMPET IS NOVEMBER 19th.

NOVEMBER 2024



November's flower is the chrysanthemum. Generally, chrysanthemums represent cheerfulness. When I was in high school Chrysanthemum was one of my spelling words- yep still gives me nightmares.

November's birthstone: Topaz

November is Banana Pudding Lovers Month who knew? Pastor Mel loves Banana pudding!

FARMER'S ALMANAC

November Weather Folklore:

- If trees show buds in November, the winter will last until May.
- There is no better month in the year to cut wood than November.
- Ice in November brings mud in December.

Important Days in November:

- November 1 All Saints' Day.
- November 2 is Sadie Hawkins Day.
- November 3 at 2 A.M. is the end of Daylight-Saving Time.
- November 4 is Will Rogers Day.
- November 5 is Election Day.
- November 11 is Veterans Day.
- November 28 is Thanksgiving Day.
- November 29 Black Friday.

Our next meeting is November 6th at 11:30. We will be discussing the Thank Offering Service which will be on November 10th. Judy Ulrich will provide snacks.

Our bible/video study will be about Mary of Bethany, putting our faith into action. Mary was an ordinary woman just like us. She reminds us that we are not called to solve the world's problems on our own, but we Can do something. If we serve out of love and devotion to Jesus our meager efforts will be rewarded and remembered by the one who does have the power to change the world. What are some ways that God might use you to take action and in what ways can you be a blessing to others?

Fund Raising Activities:

Rada Knife ongoing fund raiser- see Portia. Cleaning Cloths- see Diane Warner Raffle Hand Towels by Linda

Jesus loves you and so do !! PJ- WELCA president at Pitsburg Trinity Lutheran Church 2024/2025



Envelopes will be distributed in December. If you would like your name added — or taken off the distribution list, please contact the Financial Secretary, Linda Baker.



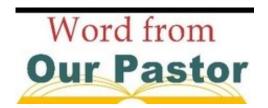
To Zach & Ashley (Barr) Diceanu!

Their wedding took place at Trinity on October 5. Praying they have a happy Christ-centered married life.



LOCK CHANGED

If you are someone who needs access to the church building for your ministry, event, or other continuing reason, please contact Dean Thompson to have a key assigned to you.

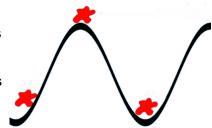


⁴ Enter his gates with thanksgiving, and his courts with praise. Give thanks to him, bless his name. (Psalm 100:4 NRS)

Dear Trinity, Grace and peace to you from God our Father and from the one we owe a great debt of thanks-giving, Jesus Christ our Savior and Lord, amen.

As we pause before the great holiday shopping season begins, this is a wonderful time to reflect on all the blessings we've been given by our gracious and generous God. When my

Catechism students begin class, we almost always start by sharing our highs and lows of the past week. It still surprises me that 7th and 8th graders have such a hard time picking out a high for their week. When we start our Christian Conversations classes, we do the same and the result is usually about the same. In my very unscientific research, it seems to me most of us easily talk about the bad things that happen, but have a much more difficult time naming the good things. I have a few thoughts about why that might



The first thing that comes to my mind as to why we have such a hard time naming our blessings is because we have so many good things going on in our lives, we tend to take them for granted. During one recent Catechism class when the kids were having an especially difficult time finding their highs for the week, I began asking them if they had a warm bed to sleep in. Yes, they all did. Then I asked if they had enough to eat this past week. Of course, they all had been well fed. Then I asked them if they had at least one person in their family who loved them. They named several. Finally, I asked if they had suffered any near-death experiences or illnesses. None had, they all admitted to being in very good health.

See what I mean? Despite all these good blessings, they couldn't find a single thing to share. I'm not picking on the teenagers here. I think we have the same thing happening with the adults who participate in the Christian Conversations classes. We all like to talk about the lows. They tend to stick out in our mind's eye. Maybe it's the drama. We all like to watch a good drama unfold and our weekly highs and lows don't seem to be any different.

As we approach our national holiday of Thanksgiving, maybe we can all do ourselves a favor, by pondering those blessings we experience each and every day. Yes, we have pain and sorrow, but the joys and blessings far outnumber the valleys we walk through. I'm not trying to minimize your troubles. I know the agony of defeat as well as the next person, but when we dwell on the lows and the negative we run the risk of missing out on the joys of every small and large victory our God has provided for us.



You might be thinking it's a lot easier to say than to do. You'd be correct, but if we can begin the practice of naming our blessings, our attitude and perspective on life can begin to change. My seminary professor, Mark Allen Powell used to say thankful people are the second happiest people on earth. He would follow up by adding that generous people are hands down the happiest people on earth. I don't know if he's correct in that, but I will tell you that in my life, during those times when I focused on the negative, I was the most unhappy and when I forced myself to count my blessings, my happiness meter hit new highs.

This Thanksgiving Season, may you focus on your highs and your blessings instead of the lows and troubles. May the Lord continue to bless you with many highs and much fewer lows. When you do walk through the valleys, may you never walk alone, but always beside your siblings in Christ who will have your back in every storm. Happy Thanksgiving!

Pastor Mel





One Huge Thank You!

October was Pastor Appreciation month, and I was once again completely taken by surprise and bowled over by all of you here at Trinity. The card shower was a wonderful gift, but the thing I really appreciated the most was the personal notes some of you wrote on the cards. I spent an hour or so that Sunday afternoon reading and re-reading those notes. I can't tell you how much they meant to me. Thank you all for the love and thoughtfulness you show to me and to my entire family. We are so blessed to be a part of this amazing congregation! It is a great honor and privilege to minister with you in God's Kingdom!

—Pastor Mel & Family

Consensor of San San San

Trinity—We are a small congregation with big hearts!



33 Quilts...

102 School Kits...



41 Personal Care Kits...

A Box of Bar Soap...



All packed and delivered to Good Shepherd Lutheran Church in Centerville where they are then loaded into a semi and shipped to the Port of Baltimore, Maryland.

The Quilt and Kit Ministry of Trinity is expanding to reach neighbors in the U.S. We are excited to learn that there are two new partners including <u>Lutheran Services of the Carolinas</u> and <u>Lutheran Family Services of the Rocky Mountains</u>. So our gifts of care and comfort will be shared with the children, women, and men in these communities affected by disasters, coping with crises or struggling with poverty.

This past year our quilts and kits brought comfort to the crews on 10 ships stranded for weeks due to the collapse of the Francis Scott Key Bridge. The sailors spent months on their ships with out supplies because they had no Visas.



Last year, Lutheran World Relief shipped 551,700 Quilts & Kits to 14 different countries!



Thanks to everyone at Trinity for supporting this outstanding program.



November, 2024

Blood Pressure screenings after worship service when announced.

National Alzheimer's Disease Awareness Month

During my nursing career I have encountered many individuals with Alzheimer's or other forms of dementia. I was concerned about my lapses in memory- were these just a small nuisance or maybe something more. I spent a full day going through a battery of mental tests. Turns out that some things I could not remember were probably not important to me. So- what are normal memory lapses vs maybe something more?

Alzheimer's is a brain disease that causes a slow decline in memory, thinking and reasoning skills. There are 10 warning signs and symptoms. If you notice any of them, don't ignore them. Schedule an appointment with your doctor.

1. Memory loss that disrupts daily life

One of the most common signs of Alzheimer's disease, especially in the early stage, is forgetting recently learned information. Others include forgetting important dates or events, asking the same questions over and over, and increasingly needing to rely on memory aids (e.g., reminder notes or electronic devices) or family members for things they used to handle on their own. **Normal age-related change-**Sometimes forgetting names or appointments but remembering them later.

2. Challenges in planning or solving problems

Some people living with changes in their memory due to Alzheimer's or other dementia may experience changes in their ability to develop and follow a plan or work with numbers. They may have trouble following a familiar recipe or keeping track of monthly bills. They may have difficulty concentrating and take much longer to do things than they did before. **Normal age-related change-**Making occasional errors when managing finances or household bills.

3. Difficulty completing familiar tasks

People living with memory changes from Alzheimer's or other dementia often find it hard to complete daily tasks. Sometimes they may have trouble driving to a familiar location, organizing a grocery list or remembering the rules of a favorite game. **Normal age-related change-** Occasionally needing help to use microwave settings or to record a TV show.

4. Confusion with time or place

People living with Alzheimer's or other dementia can lose track of dates, seasons and the passage of time. They may have trouble understanding something if it is not happening immediately. Sometimes they may forget where they are or how they got there. **Normal age-related change-** Getting confused about the day of the week but figuring it out later.

5. Trouble understanding visual images and spatial relationships

Some people living with Alzheimer's or other dementia could experience vision changes. This may lead to difficulty with balance or trouble reading. They may also have problems judging distance and determining color or contrast, causing issues with driving. **Normal age-related change-** Vision changes related to cataracts.

6. New problems with words in speaking or writing

People living with Alzheimer's or other dementia may have trouble following or joining a conversation. They may stop in the middle of a conversation and have no idea how to continue or they may repeat themselves. They may struggle with vocabulary, have trouble naming a familiar object or use the wrong name (e.g., calling a "watch" a "hand-clock"). **Normal age-related change-** Sometimes having trouble finding the right word.

7. Misplace things and losing the ability to retrace steps

A person living with Alzheimer's or other dementia may put things in unusual places. They may lose things and be unable to go back over their steps to find them again. He or she may accuse others of stealing, especially as the disease progresses. **Normal age-related change-** Misplacing things from time to time and retracing steps to find them.

8. Decreased or poor judgment

Individuals living with Alzheimer's or other dementia may experience changes in judgment or decision-making. For example, they may use poor judgment when dealing with money or pay less attention to grooming or keeping themselves clean. **Normal age-related change-** Making a bad decision or mistake occasionally, like neglecting to change the oil in the car.

9. Withdrawal from work or social activities

A person living with Alzheimer's or other dementia may experience changes in the ability to hold or follow a conversation. As a result, they may withdraw from hobbies, social activities or other engagements. They may have trouble keeping up with their favorite team or activity. **Normal age-related change-** Sometimes feeling uninterested in family or social obligations.

10. Changes in mood and personality

Individuals living with Alzheimer's or other dementia may experience mood and personality changes. They can become confused, suspicious, depressed, fearful or anxious. They may be easily upset at home, with friends or when out of their comfort zone. **Normal age-related change-** Developing very specific ways of doing things and becoming irritable when a routine is disrupted.

If you notice one or more signs in yourself or another person, it can be difficult to know what to do. It's natural to feel uncertain or nervous about discussing these changes with others. Voicing worries about your own health might make them seem more "real." Or you may fear upsetting someone by sharing observations about changes in his or her abilities or behavior. However, there are significant health concerns that should be evaluated by a doctor, and it's important to take action to figure out what's going on.

If you notice any of the 10 Warning Signs of Alzheimer's in yourself or someone you know, don't ignore them. Schedule an appointment with your doctor.

With early detection, you can explore treatments that may provide some relief of symptoms and help you maintain a level of independence longer.

PJ Musser MSN RN Community Faith Nurse



Sunday, Nov. 3 following the worship service

All members of Trinity are encouraged to attend to hear reports of our past accomplishments, plans for the future and election of officers and committee members.



November 10th at 2:30 pm At Eldon & Bev Erdmann's Home, 1385 Littles Rd., Arcanum

I hope you are collecting goodies for all of us to buy to raise monies for needy families at Christmas. Anything is good.

We've had gift cards, baked goodies, candies (homemade and purchased), crafts, funny items, college items, Christmas décor, tools, cards with promised items for purchase, candles, hair products, baskets of goodies, pictures, meat, fish, favorite snacks, and so much more. Bring what you can, even if it's only yourself. It's all about reaching out and finding a way to give to others. It's always so much fun to get together and laugh while raising money to help others. We love having you and it is definitely a relaxed atmosphere. Bring yourself and whatever else you want. Dean and Eldon are sure to make you smile.



TRINITY WILL "BELL RING" ON DECEMBER 13th AND 14th 10 am to 8 pm

Greater Greenville Ministerial Association Community Christmas Drive

A sign up sheet is available on the bulletin table — sign up for any segment of time—1 hour, 2 hours, 3 hours, etc. Your participation will help support the good work of the Salvation Army, Grace Resurrection Community Center, Community Unity, the Faith United Methodist Food Bank in Arcanum, Ansonia Community Food Bank and the Castine Area Food Bank.



November Celebrations



Birthdays

- 1 Paul Jasinski
- 2 Bethany Nickol Trent Groff
- 3 Monica Heckman
- 6 Brooke Chapman
 David Netzley
- 7 Barbara Sease Kayla Garwood Ruth Collins

- 10 Lexi Wright
- 11 Dawson Schmitmeyer
- 13 Vicki Ressler
- 13 Michelle Dornbusch
- 16 Jack Mehaffie
- 18 Alaina Merzke
- 20 Steve Mehaffie
- 21 Connie Gilmore

- 25 Jordan Mattox Michael Mehaffie
- 26 Shawn Hein
- 27 Rilyn Warner
- 29 Andrew Parlett Rob Arling





Anniversaries

- 7 Nick & Angela Morelli
- 8 Wesley & Jenna Harleman
- 13 Kent & Shirley Thompson
- 15 Ron & Barbara Gettinger
- 16 Rod & Deb Sease
- 18 Craig & Holly Cotner





Baptisms

- Lisa Garwood Rose Lucas
- 5 Karen Hoblitt Brynlee Groff
- 9 Kevin McKibben
- 10 Eva Stephens
- 11 Brydon Diceanu Sheila Campbell

- 12 Trevor Shelley
- 16 Brandon Groff
 Brittani Groff
- 17 Crew Diceanu
- 18 Austin Harleman
- 24 Judy Howard
- 27 Donna Stickley Hannah Nickol



- 28 Antonia Baker Patti Troutwine Troy Troutwine
- 29 Holly Merzke Mollie Watson

2024 NOVEMBER

| | OCTOBER |
|----|-----------------|
| | READERS |
| 3 | Chris Cassel |
| 10 | Teresa Neitzelt |
| 17 | Dean Thompson |
| 24 | Bev Erdmann |

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|---------------------|-----|-----|---------------------------|-----|-----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 Veteran's Day | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 Thanksgiving Day | 29 | 30 |

| | | Z | VEM | B B | | |
|---|--|---|---|--|--|--|
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| | | | | | 1 3:30 pm FISH Choice Food Pantry | 2 TIME CHANGE—Turn your clocks back 1 hour before bedtime! |
| 3 9:00 am Confirmation Class 9:30 am Christian Conversations 10:30 am Worship 11:30 am Annual Congregational Meeting | 4 7:30 pm Dartball at EUM #2 | 5 | 6 11:30 am WELCA Mtg. | 7 10:00 am Youth & Family Ministry Team Meeting | 8 3:30 pm FISH Choice Food Pantry | ဖ |
| 9:30 am Christian Conversations 10:30 am Worship— Thankoffering Sunday 2:30 pm Christmas Auction | 11 7:30 pm Dartball at Trinity vs. EUM #1 | 12 | 13 | 14 10:00 am Prayers & Squares Quilting | 15 3:30 pm FISH Choice Food Pantry | 16 |
| 9:00 am Confirmation Class 9:30 am Christian Conversations 10:30 am Worship 12:00 pm Trinity Troops | 18 7:30 pm Dartball at Trinity vs. Ansonia 1st Church of God | 19 2:30 pm Blood Drive at Trinity Newsletter DEADLINE | 20 9:30 am GRCC Soup Kitchen 7:00 pm Trinity Council | 21 11:30 am Ladies & Gents Luncheon @ Tolly's Gastropub, 644 Wagner Ave., Greenville | 22 3:30 pm FISH Choice Food Pantry | 23 |
| 9:00 am Confirmation Class 9:30 am Christian Conversations 10:30 am Worship | 25 No Dartball | 26 10:00 am Prayers & Squares Quilting | 27 7:00 pm Thanksgiving Eve Worship Service | THANKSgiving | 29 3:30 pm FISH Choice Food Pantry | 30 |
| 31 9:00 am Confirmation Class 9:30 am Christian Conversations 10:30 am Worship | | | | | | |





SAVE THE DATE

- November 2— Daylight Savings Time ends "Fall Back" 1 hour before bedtime
- November 3—Annual Congregational
 - Meeting
 November 10—Christmas Auction at Erdmann's home
- November 19—Community Blood Drive at Trinity
 - November 20—GRCC Soup Kitchen

TRINITY TRUMPET

November, 2024



A MONTHLY NEWSLETTER

PUBLISHED BY

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Scan with your Smartphone our Facebook page, and our and link to our web page, YouTube Channel.

